

- GAMSAT Free Trial & Diagnostic Test
- 175pg Comprehensive Study Guide
- Free MCQs & Example Essays
- 13pg Essay Writing Guide

## PLANNING & GOAL SETTING

Breakdown your Goals and make a Timeline:  
What do I want to achieve? When do I need  
to achieve it? Make sure your goals are  
SMART

6 MONTHS



Start applying your knowledge with  
GAMSAT-Style Questions & build up an MCQ  
Strategy as you get familiar with  
the style

### 3 MONTHS



Sit a GradReady Mock Exam to get a taste of the real thing

**1 MONTH**



Identify and track difficult topics and questions and review any knowledge gaps



Don't burn out! Be sure to destress and take care of your mental and Physical Health

## FINAL WEEKS

## Take a Deep Breath and Relax

It's time for all the work you've put in to pay off.

### Time Management Tips

Section 1	Section 3	Biology	Chemistry	Physics	Make the Most of your Day
		<ul style="list-style-type: none"> <li>● Biomolecules</li> <li>● Enzymes</li> <li>● Cell Division</li> <li>● Musculoskeletal</li> <li>● Cardiovascular</li> <li>● Respiratory</li> <li>● Gastrointestinal</li> <li>● Renal</li> <li>● Endocrine</li> <li>● Genetics</li> </ul>	<ul style="list-style-type: none"> <li>● Atoms</li> <li>● Stoichiometry</li> <li>● Electrons &amp; Bonds</li> <li>● Gases</li> <li>● Thermodynamics</li> <li>● Acids &amp; Bases</li> <li>● Organic Chemistry</li> <li>● Biochemistry</li> <li>● Electrochemistry</li> </ul>	<ul style="list-style-type: none"> <li>● Motion</li> <li>● Newton's Laws</li> <li>● Energy &amp; Work</li> <li>● Liquids</li> <li>● Electricity &amp; Magnetism</li> <li>● Optics</li> <li>● Radioactive decay</li> <li>● Maths Functions</li> </ul>	<ul style="list-style-type: none"> <li>● Establish a study routine – same time every day</li> <li>● Use a checklist and set SMART goals</li> <li>● Use regular activities as a study break</li> <li>● Study in 45 minute blocks to be more efficient</li> <li>● Understand your strengths and weaknesses</li> </ul> <p>Find more at <a href="https://gradready.com.au/gamsat-preparation">gradready.com.au/gamsat-preparation</a></p>