SIX MONTHS, THREE, OR ONE?

Choose with your foundations and weekly hours in mind. A short calendar is not a shortcut through missing knowledge.

6 MONTHS

BUILD AND INTEGRATE

Months 1–2: diagnostic and foundations.
Months 3–4: mixed sections and essay feedback.
Month 5: timed sets and full-section practice.
Final month: review, sleep routine, official materials and weak-area work.

3 MONTHS

FOUNDATIONS ALREADY USABLE

Month 1: diagnose gaps and revise key foundations.
Month 2: mixed Sections 1, 2 and 3.
Final month: timed practice, error-log review and simulation.

1 MONTH

TRIAGE – NOT IDEAL

First days: exam structure and weakest section.
Then: short daily practice, regular MCQ review, at least one timed essay weekly and a few longer simulations.
Avoid: trying to finish every topic from scratch.

> The source's background table recommends longer preparation for non-science candidates or limited weekly hours. These are flexible study examples, not a guarantee or a dated application calendar.